



## WIN India - World Kidney Day Celebration

**Kidney Health for All**

**An Academic and Patient Awareness Initiative from  
Women In Nephrology –India**



**Inauguration of the **WKD WIN** Program invite and  
WIN Newsletter at Women's Day Celebrations by the  
Honourable Governer of Telangana and Puducherry Dr. Tamilisai Soundararajan**



Bridge the  
knowledge gap to  
better kidney care



WIN INDIA has designed a naïve attempt to celebrate a World Kidney Day 2022 with a weeklong sessions focusing on the all the stakeholders involved in better kidney care. The theme WKD22 is bridging the knowledge gap to better kidney car.

The celebrations started on 3rd March 22 with the emphasis the nutrition for better kidney care, followed by program for the dialysis technicians, Quiz for the Nephrology fellows, talent show by the kidney patients, program for the transplant coordinators, advocacy program for the patients, physicians and finally ended on the world kidney day; 10th March 2922, with Kidney Failure Care for All: Bridging the gaps in low resource settings for the Nephrologists

**WIN INDIA - WORLD KIDNEY DAY CELEBRATION**  
**3<sup>rd</sup> -10<sup>th</sup> March 2022**

**Kidney Health for All**

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DATE	TOPIC	TIME
3 <sup>rd</sup> March 2022	Role of Renal Nutrition	05:00 -09:00 PM
4 <sup>th</sup> March 2022	Dialysis Technician and Kidney Care	07:00 -09:00 PM
5 <sup>th</sup> March 2022	Quiz Competition for Post Graduate Students	07:00 -09:00 PM
6 <sup>th</sup> March 2022	Virtual Games and Talent Show for Kidney Patients	05:00 -07:00 PM
7 <sup>th</sup> March 2022	Transplant Coordinators in Kidney Health	07:00 -09:00 PM
8 <sup>th</sup> March 2022	Inaugural tweekchat -#WinChat	07:00 -09:00 PM
9 <sup>th</sup> March 2022	Patient Advocacy for Better Kidney Health	05:00 -07:00 PM
10 <sup>th</sup> March 2022	Kidney Failure Care for All Bridging the Gaps in Low Resource Settings	07:00 -09:00 PM

Bridge the knowledge gap to better kidney care

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The concept was to make all the stake holders a part of the discussion with an equal importance on their experience and challenges and bridging the knowledge gap.



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### Kidney Health for All



## An Academic and Patient Awareness Initiative from Women In Nephrology –India

# ROLE OF RENAL NUTRITION

WIN (India) commenced its one week celebrations of World Kidney Day with first session on Renal Nutrition on 3rd March 2022. Renal nutrition is a specialized therapeutic sustenance to prevent sequel progression of kidney disease. There is no single food that can cure or prevent consequences of the disease. A healthy renal diet focuses on whole diet pattern instead of eating (or limiting) single foods. The main focus is to restrict nutrients like protein, sodium potassium and phosphorus which can cause metabolic imbalances. Low sodium and potassium and phosphorus restriction according to biochemical reports along with moderate and low protein intake in early and late predialysis stages and high protein with fluid restriction in dialysis stage is advocated. Post transplant moderate protein with strict vigil on water and food hygiene is what is expected.

With the effort to bridge the lacunas in what we consider as high quality care and what actually the patient expects, two sessions on renal nutrition were organized on the virtual platform. To spread the message of importance of right nutrition for delaying progression of chronic kidney disease, patient awareness programme was organized from 5.00 PM to 7.00 PM.

This session emphasized on the importance of controlling factors which cause chronic kidney disease and lead to its progression. The four talks in this session included control of blood pressure (speaker Dr Shruti Tapiawala), blood sugars (Dr Sneha Kothari), hyperphosphatemia (Dr Anita Saxena) and insight in to how energy and protein can be supplemented with homemade recipes (Ms Zamurrud Patel). To comprehend the patients expectations from medical health services, we invited three esteem members of the community, whom we serve with pride, and who have witnessed kidney disease from very close quarters, to share their experience of living with chronic kidney disease. One patient was on maintenance dialysis and the other two were post renal transplant patients. The session was wrapped up with a lively panel discussion for included six panellists Dr Ashwiniokalkar, Dr Sneha Kothari, Ms Sushma Tiwari, Ms Ipshita Chakarwanti, Ms Zamurrud Patel, Dr Suniti AK Khandekar. The panel discussion was moderated by Dr Anita Saxena and Dr Shruti Tapiawala. This session was attended by patients from all over India.

Patient Awareness Session • Moderator: Dr Anita Saxena & Dr Shruti Tapiawala			
TIME	TOPIC	TALK TIME	SPEAKER
5.00 -5.02 PM	Welcome Note		WIN Lead
5.02 -5.14 PM	Blood pressure control	12 Minutes	Dr Shruti Tapiawala
5.16 -5.28 PM	Blood Glucose control	12 Minutes	Dr Sneha Kothari
5.30 -5.42 PM	Controlling hyperphosphatemia	12 Minutes	Dr Anita Saxena
5.44 -5.56 PM	Patient Counselling on Eating well	12 Minutes	Dr Suniti Ashwani K Khandekar
5.58 -6.10 PM	Handy recipes for supplementing energy and protein	12 Minutes	Ms Zamurrud Patel
6.12-6.42 PM	Patients experience on dietary prescriptions on what keeps patients from eating well 1) Pre Dialysis 2) Dialysis 3) Post Transplant	10 Minutes Each	Three Patients
6.42-7.00 PM	Panel Discussion and Question & Answer Session Moderators: Dr Anita Saxena & Dr Shruti Tapiawala	20 Minutes	Dr Ashwini O kalkar Ms Sushma Tiwari Dr Sneha Kothari Dr Suryashree Pandey Dr Suniti Ashwani K Khandekar Ms Ipshita Chakarwanti Ms Zamurrud Patel

Physician, Nephrologist and Dietician Session			
TIME	TOPIC	TALK TIME	SPEAKER
7.00-7.02 PM	Welcome Note	2 minutes	
7.02- 7.17 PM	Dietary Recommendations in CKD	15 minutes	Dr Anita Saxena
7.19-7.34 PM	Preserving Nutritional Status in Dialysis Patients	15 minutes	Dr Shruti Tapiawala
7.36-7.51 PM	Post Renal Transplant Care	15 minutes	Dr. Nivedita Kamath
7.53- 8.07 PM	Debate: Vegetarian vs Non vegetarian Diet in CKD	7 minutes Each	Ms Zamurrud Patel Ms Ipshita Chakarborty
8.10-8.55 PM	Panel Discussion and Question & Answer Session Moderators: Dr Anita Saxena & Dr Shruti Tapiawala	45 minutes	Dr Arpana Ayenger Dr. Nivedita Kamath Dr Suryashree Pandey Dr Suniti Ashwani K Khandekar Ms Sushma Tiwari Ms Ipshita Chakarwanti Ms Zamurrud Patel



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The patient awareness programme was followed by session for dieticians and physicians from 7.00-to 9.00 PM. The topics were focussed on educating dieticians and physicians on right prescription of diet and maintaining nutritional status of CKD patients. The topics discussed were dietary recommendations in CKD (speaker Dr Anita Saxena), preserving nutritional status in dialysis patients (Dr ShrutiTapiawala), post renal transplant care in children (Dr.NiveditaKamath)and a debate on vegetarian vsnon-vegetarian Diet (speakers Ms IpshitaChakarwarti and Ms Zamurrud Patel). The panellists were Dr ArpanaAyenger, Dr. NiveditaKamath, Ms SushmaTiwari, Ms Zamurrud Patel, Ms Ipshita Chakarborty. Moderators of the panel discussion were Dr Anita Saxena, Dr ShrutiTapiawala. The session was well attended by dieticians and physicians.

### **Prof Anita Saxena**

MD (AM) PhD, PhD (Cambridge), FRCP (London)

WIN Lead Renal Nutrition

Professor, Department of Nephrology, SGPGIMS, Lucknow.

**Access Video on below Link**



<https://www.youtube.com/watch?v=mZH3Zrb8uY0>



## WIN INDIA - WORLD KIDNEY DAY CELEBRATION

### Kidney Health for All

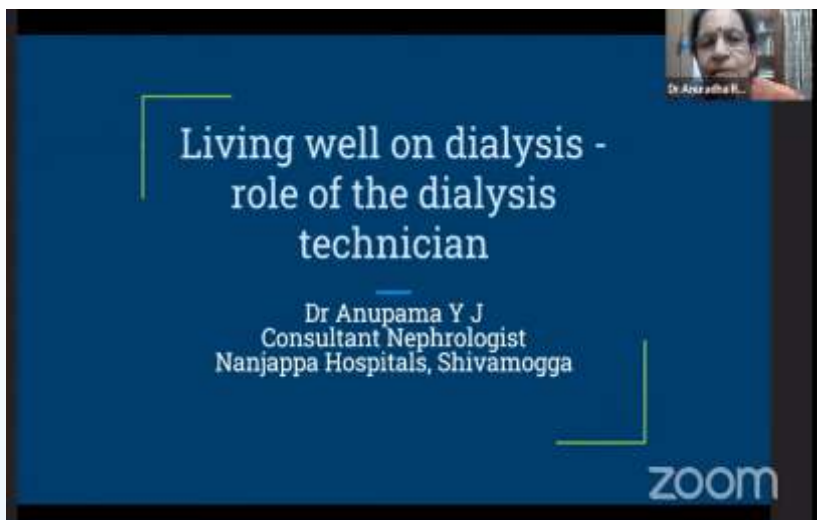
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## DIALYSIS TECHNICIAN AND KIDNEY CARE 4<sup>th</sup> March 2022, Friday, 07:00-09:00 PM

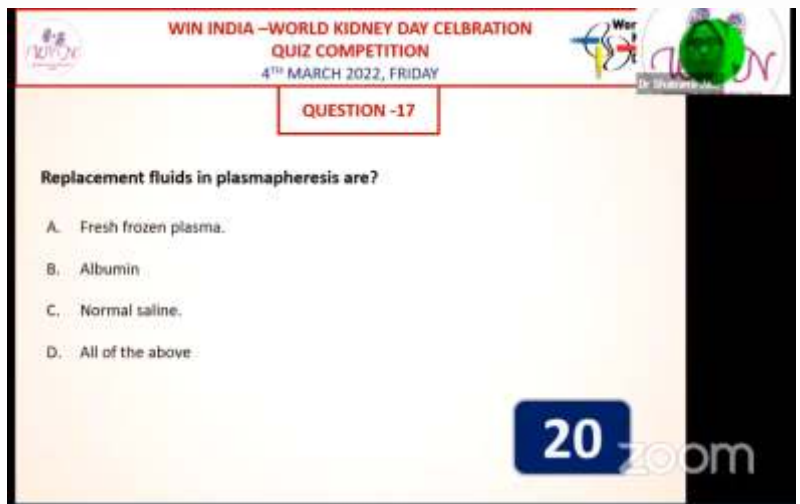
With the concept of world kidney day in mind , the WIN INDIA has designed a naïve attempt of week long sessions-WKD Week with the predominant focus ,being the stake holders of Kidney care. Addressing pertinent problems and making them part of the discussion with an equal importance on their experience and challenges was the crux of the series.

The 2nd day of WIN WKD celebrations, our team has addressed the crucial players of kidney care, the dialysis technicians and renal nurses. We had selected pertinent topics of Kidney care such as Living well with Kidney disease and the Vascular Access so as to keep the nurses /Technicians of renal care abreast with the scientific advancements. Dr Anupama, senior consultant Nephrologist from Shimoga, Karnataka spoke about how well a dialysis patient can live with an adequate dialysis and what are the salient aspects involved in making a patient live well with kidney disease. Dr Anupama addressed key features of management of anemia, bone disease, frequency of need, family care and care giver issues.

TIME	TOPIC	SPEAKER	MODERATOR
07:00PM -07:40 PM	QUIZ	Dr.Shabana Nazneen	
07:40PM -08:10PM	Living well on dialysis -Role of Dialysis Technician	Dr Anupama YJ	Dr.Anuradha Raman Dr.A.Vimala
08:10 PM -08:40PM	Vascular access -What a dialysis Technician should know	Dr Manjusha .Y	Dr.Muthu Jayaraman Dr.Neela Prasad
08:40PM -09:00PM	Q&A SESSION	Dr Manjusha .Y	Dr.Muthu Jayaraman Dr.Neela Prasad



Dr Manjusha, Professor and Head, Department of Nephrology, Gandhi Hospital, Hyderabad spoke on the KDOQI guidelines of vascular access, of relevance to a dialysis nurse/technician. Emphasis was laid down on control of infections, monitoring of vascular access. These sessions were chaired by senior women Nephrologists -Patrons of WIN INDIA, Dr MuthuJayaraman, Dr Anuradha Raman, Dr A.Vimala, Dr Neelaprasad. This session was preceded by an interesting Quiz program, by Dr Shabana Nazneen, Junior consultant, Gandhi Hospital, Hyderabad. Participation was from all over the country. Around 100 technicians participated in Quiz session and about 200 attended the session.



Over all, we had great experience in imparting knowledge about important and crucial areas of dialysis care. We are happy with the feedback from the group - requesting for monthly such sessions, questions regarding day-day dialysis practice patterns, and the application of such developments in their dialysis care.

We thank WIN INDIA Team for the opportunity given to us and we are equally grateful to all the technicians/nurses who attended the session in good numbers.

[Access Video on below Link](#)



<https://www.youtube.com/watch?v=6VMcpZvBCiU>



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### QUIZ COMPETITION

FOR POST GRADUATE STUDENTS

5<sup>th</sup> March 2022, Saturday, 07:00-09:00 PM

#### QUIZ MASTERS

Dr Sonal Dalal

Dr Shabana

Dr Nazneen

Dr Sivaparvathy

Dr Sayali Thakare

As a part of WIN INDIA world kidney day celebration Quiz was organized on 5th of March. It was conducted by Dr Sonal Dalal, Dr Shabana Nazneen, Dr Sivaparvathi & Dr Sayali Thakre. Total 41 Nephrology Post graduates participated with great enthusiasm and it was a tough competition.

**It covered basic science, dialysis, glomerular disease and transplant.**

The winners of the Quiz were

- 1) Dr. Mohammed Fahad
- 2) Dr. Suneetha
- 3) Dr. Mrgank Gaur
- 4) Dr. Chandini Kotha
- 5) Dr. Sachin Naik

Access Video on below Link



<https://youtu.be/ABwSBxv4ZtQ>



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## VIRTUAL GAMES AND TALENT SHOW FOR KIDNEY PATIENTS 6<sup>th</sup> March 2022, Sunday, 05:00-07:00 PM



#### Entertainment Program by Patients & Kidney Quiz for Patients

TIME	TOPIC	MODERATOR
05:00-05:15 PM	Welcome Note and Introduction	Dr Manjusha Yadla
05:15 -06:15 PM	Quiz	<b>Quiz Master</b> Dr Shruti Tapiawala & Dr Kalpana Mehta <b>Time Keeper:</b> Mr Vipul Dhuwad
06:15- 7:00 PM	Talent Show	<b>Compared by</b> Dr Shruti Tapiawala Dr Manjusha Yadla

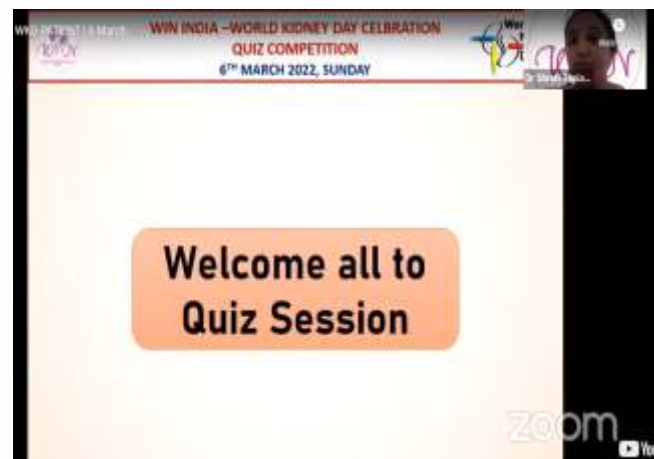
The program was targeted towards spreading knowledge and awareness of kidney diseases and organ donation in patients, their friends and families.

The program started with a quiz for patients which was hosted by Dr Shruti Tapiawala (Senior Nephrologist & transplant Physician, Mumbai, WIN-Lead for patient Advocacy)

The quiz mistresses for the program were- Dr Kalpana Mehta (Head of Department, Nephrology, BY L Nair hospital, Mumbai), Dr Manjusha Yadla (Head of Department, Nephrology, Gandhi Medical College, Telangana) and Dr Shruti Tapiawala (Senior nephrologist & Transplant Physician, Mumbai).

A series of 20 questions were put for the to the participants in three languages ( English, Hindi and Telugu) as these were the languages spoken by the participants.

Once questions were asked, 1 minute was given to the participants to login their answers, after which the answer was displayed with an explanation of the answer ( in all three languages as mentioned above) in an attempt to teach the participants more about kidney diseases and prevention



After the quiz session ended, a patient talent show was conducted. Patients from all over the country participated. They shared their literary works, showcased their journey in kidney diseases. Few patients performed dances and sang songs. The program was also attended by kidney foundations who shared their good work. The program served as a platform for patients to connect to their peers and inspire each other for spreading awareness of kidney diseases and help each other choose the best option of treatment. The platform also helped people connect to each other and help each other in promoting prevention of kidney diseases.



[Access Video on below Link](#)



<https://youtu.be/AcWWw7HNT50>



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## TRANSPLANT COORDINATORS IN KIDNEY HEALTH 7<sup>TH</sup> March 2022, Monday, 07:00 -09:00 PM

The 5<sup>th</sup> day of WKD WIN Week celebration was dedicated to transplant coordinators. As we all are well aware that kidney transplantation is the best modality of renal replacement therapy and transplant coordinator plays a crucial role at every step of transplantation from identification of the donor to long term follow-up of recipient whether its live or deceased donor.

#### Chief Guest

**Dr Rajneesh Sahai**  
Director NOTTO, Delhi

#### Program Moderators

**Dr Arpita Ray Chaudhury**  
Prof Nephrology, IPGMER, Kolkata,  
Joint director ROTTO East Zone

**Dr Swarnalatha**  
Additional Prof Dept of Nephrology, NIMS,  
I/C Jeevandan, Deceased Donor Program, Telangana

**Mistress of Ceremony - Dr Archana, Coordinator NOTTO, Delhi**

TIME	TOPIC	SPEAKER	CHAIR PERSONS
07:00- 7.15 PM	Transplant coordinators in COVID Pandemic – lessons learned	Mrs Sujatha Transplant coordinator, Maharashtra	Dr Vasanthi Ramesh Founder Director NOTTO
07:15-07.30 PM	Challenges faced by transplant coordinators in Public sectors	Mrs Sweta Chakrabarty Transplant coordinator, Kolkata	Dr Kanthimathi Director ROTTO South Zone Director TRANSTAN , Tamil Nadu
07.30-07.45 PM	Reasons for refusal by donor families for organ donation – Regional differences	Mr Netaji Transplant coordinator, Tamil Nadu	Dr Sanjay Dixit Nodal officer, SOTTO Indore
07:45-08:00 PM	Donor evaluation	Dr Parul Gupta Transplant coordinator, PGI	Dr Arpita Ray Chaudhury Prof, Dept. of Nephrology IPGMER, Kolkata Joint director, ROTTO East Zone
08.00-8:40 PM	Family approach, do and don'ts- Video	Telangana Team from Jeevandan	Dr Vivek Kute Prof Dept of Nephrology IKDRC, Sec ISOT
08.40-09.00 PM	Question & Answer	With all the Chairpersons	



This session was focused on improving the knowledge on deceased donor transplantation. The session was moderated by Dr Arpita Ray Chaudhury and Dr Swarnalatha. Dr Rajneesh Sahai, Director NOTTO, the chief guest appreciated WIN India for providing a platform for the coordinators to come out with their own experience and also emphasized on the need to bridge the gender disparity in transplantation as more females are donor and less of recipients. Mrs Sujatha Transplant coordinator from Maharashtra spoke on the challenges faced and the lessons learnt during COVID Pandemic. Mrs Sweta Chakrabarty Transplant coordinator from Kolkata shared her experience on the challenges in initiating deceased donor program in a public sector as there are hardly any donations from public sector in India. Mr Netaji Transplant coordinator from Tamil Nadu spoke on the “Reasons for refusal by donor families for organ donation” and come out with solutions based on the Regional challenges. Dr Parul Gupta Transplant coordinator, PGI spoke on the “Donor Evaluation” as we see more of extended criteria donor for deceased donations. Dr Vasanthi Ramesh Founder Director NOTTO, Dr Kanthimathi Director ROTTO South Zone Director TRANSTAN , Tamil Nadu, Dr Sanjay Dixit Nodal officer, SOTTO Indore, and Dr Arpita Ray Chaudhury Prof, Dept. of Nephrology IPGMER, Kolkata Joint director, ROTTO East Zone were the chairpersons and appreciated the contribution of the coordinators in deceased donor transplantation program. The last session was the video demonstration of Do’s and Don’ts in a family approach to organ donation by Jeevandan Telangana team. It was well played by the transplant coordinators themselves focusing on the common mistakes and the right approach towards family approach to organ donation. Dr Vivek Kute Prof Dept of Nephrology IKDRC, Secretary ISOT chaired the session. The video demo is made available in YouTube channel and is well appreciated.



[Access Video on below Link](https://youtu.be/EzX5qimK3QQ)



<https://youtu.be/EzX5qimK3QQ>



# WIN INDIA - WORLD KIDNEY DAY CELEBRATION

## Kidney Health for All

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## PHYSICIAN ADVOCACY FOR HEALTHY KIDNEYS

8<sup>TH</sup> March 2022, Tuesday, 07:00-09:00 PM

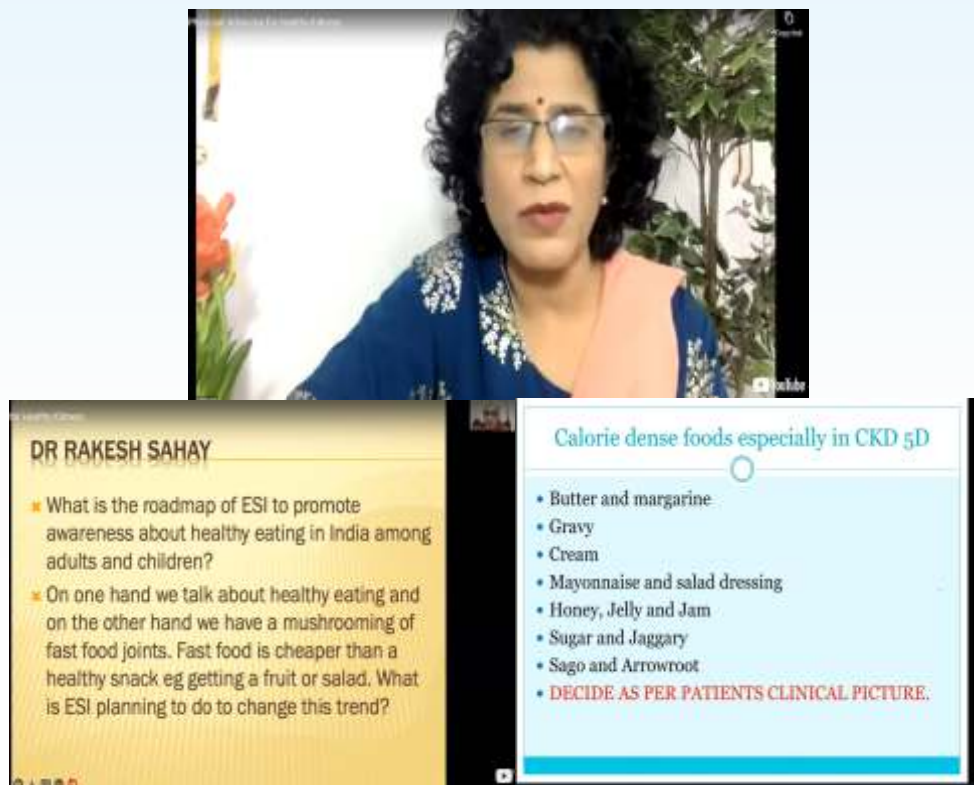
### JOINT PROGRAM OF WIN INDIA -API, IMA, ACP

#### Program Moderators

**Dr Manisha Sahay**

TIME	TOPIC	SPEAKER
<b>CKD- Screening</b>		
07:00- 7.15 PM	Pearls for practising physicians	<b>Dr Manisha Sahay</b> Prof and Head, Osmania medical college, Hyderabad Vice President, WIN
7:15-7:30 PM	Panel discussion	<b>Dr Anuj Maheshwari</b> Governor, American college of Physicians <b>Dr Mangesh Tiwaskar</b> Hon Secretary, Association of Physicians of India <b>Dr Srirang Abkari</b> Vice President IMA Hyderabad
<b>Diet prescription for CKD</b>		
7:30-7:45 pm	Pearls for practising physicians	<b>Dr Umesh Khanna</b> Senior consultant Nephrologist, Mumbai
7:45-8:00 pm	Panel discussion	<b>Dr A K Bhalla</b> President, Indian Society of Nephrology <b>Dr Rakesh Sahay</b> President, Endocrine society of India <b>Dr Vasanth Kumar</b> President, RSSDI
<b>Hypertension in CKD</b>		
8:00- 8:15pm	Pearls of management	<b>Dr Narayan Prasad</b> Prof and Head, Nephrology, SGPGI, Lucknow Secretary, Indian society of Nephrology
8:15-8:30pm	Panel discussion	<b>Dr Girish Narayan</b> Senior consultant Nephrologist Hyderabad <b>Dr Naval</b> Chairman elect, API, Hyderabad Chapter <b>Dr Manjuri</b> Prof Nephrology, Guwahati <b>Dr Udai Lal</b> Past chairman API, Hyderabad
<b>How to prescribe Pain killers in CKD</b>		
8:30-8:45 pm	Pearls for practising physician	<b>Dr Edwin Fernando</b> Professor and Head, Nephrology Stanley Medical college, Chennai
8:45-9:00 pm	Panel discussion	<b>Dr Anuradha Raman</b> Patron, WIN <b>Dr Raja Rao</b> Chairman, API, Hyderabad <b>Dr Sonal Dalal</b> Senior consultant Nephrologist, Ahmedabad <b>Dr Georgi Abraham</b> President, Indian Society of Organ Transplant

ON 8th March 2022 there was a session focusing on dialogue between the nephrologists and the physicians. We all are aware that kidney disease progresses through 5 stages. By the time the patient reaches the nephrologist he or she is the last stage ie stage 5. If we were to prevent CKD we have to act early ie in stage 1, 2 and 3. Patients with early CKD are usually seen by physicians, family physicians and general practitioners. Hence this group should be targeted to help identify the kidney disease early; which patients need screening for kidney disease, what tests should be done and what early treatment measures should be given so that the progression of kidney disease is retarded. Cost of management of stage 5 -end stage kidney disease, is huge with dialysis costing 30,000 INR per month and transplant around 5 lakh INR. Also around 2 lakh people need dialysis/ transplant every year and India can provide dialysis to about 50,000 new patients per year and at present around 15000 transplants are happening every year. What happens to the remaining 1 lakh patients? Hence prevention is the only answer and this can happen only if the KIDNEY DAY message percolates to the primary care physicians.



The meeting was attended by Executive members of all major medical societies ie Indian Medical association (IMA), Association of Physicians (API), American College of Physicians (ACP) India chapter and Research society of diabetes in India (RSSDI). Roadmap for this year to increase awareness was charted out in the meeting. This was the first time where all medical societies participated on a common platform.

Deliberations were done on several issues- Screening for CKD and pearls of treatment by Dr Manisha Sahay, Diet in CKD by Dr Umesh Khanna, Hypertension in CKD by Dr Narayan Prasad and Use of pain killers in CKD by Dr Edwin Fernando.

The next step is to have a roadmap which we intend to prepare within coming days so that the awareness of kidney diseases percolates down to the primary care physicians.

We promise to take this Nephro- Physicians CONNECT programme forward.

**Team work always succeeds.**

**Together Everyone Achieves More**

Dr Manisha Sahay, Vice President, WIN

[Access Video on below Link](#)



<https://youtu.be/wJxK3bMqR6Q>



## WIN INDIA - WORLD KIDNEY DAY CELEBRATION

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## PATIENT ADVOCACY FOR BETTER KIDNEY HEALTH

9<sup>th</sup> March 2022, Wednesday, 05:00 -07:00 PM

TIME	TOPIC	PANELIST/ MODERATOR
05:00-05:15 PM	Welcome Note and Introduction	
05:15 -06:15 PM	Panel Discussion on Kidney Diseases & Treatment	<b>Moderator:</b> Dr Shruti Tapiawala (Nephrologist) <b>Panelist:</b> Dr Arpita Roy Chaudhury (Nephrologist) Dr Abirami Krishnan (Nephrologist) Dr Mita Shah (Diabetologist) Dr Sonal Dalal (Nephrologist) Ms Zamurrud Patel ( Renal Dietician)
06:15- 7:00 PM	Question and Answers from Patients	

### The program was targeted to the following goals

1. Prevention of lifestyle diseases
2. Prevention of kidney
3. Promotion of organ donation

The program was hosted by Dr Shruti Tapiawala (Senior Nephrologist & transplant Physician, Mumbai, WIN-Lead for patient Advocacy). The panellists consisted of

1. Dr. Sonal Dalal ( Senior Nephrologist & transplant Physician, Ahmadabad)
2. Dr. Arpita Roy Chaudhary (Senior Nephrologist & transplant Physician, Kolkata)
3. Dr. Abirami Krishnan ( Senior Nephrologist & transplant Physician, Salem)
4. Dr. Mita Shah (Chief Diabetologist, institute of Renal Sciences, Mumbai)
5. Mrs. Zamurrud Patel( Chief Dietician, Global Hospitals, Mumbai)

She led a panel discussion which spanned the topics of functions of kidney, types of kidney diseases, signs and symptoms of kidney diseases and options of treatment available for kidney diseases. The panel also discussed the lifestyle diseases and their impact and ways to prevent kidney diseases with emphasis on Diabetes Mellitus. Dietary aspects of kidney care and prevention were also discussed. The discussion ended with discussion and guidance of organ donation after death.



The panel discussion was followed up question and answer session, where questions from the audience were answered.

The discussion was conducted in Hindi and English for the benefit of patients and their families.

The session was attended by all categories of people- healthy, diabetics, hypertensive, kidney diseases patients and their families and friends. The program was well appreciated and requests to plan many more were received.

The program was well attended and appreciated with a request to do more such events.

[Access Video on below Link](#)



<https://youtu.be/nfBibhMlpE>



## WIN INDIA - WORLD KIDNEY DAY CELEBRATION

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## Kidney Failure Care for All Bridging the gaps in low resource settings 10<sup>th</sup> March 2022, Thursday, 07:00-09:00 PM

<https://www.timeanddate.com/worldclock/converter.html>

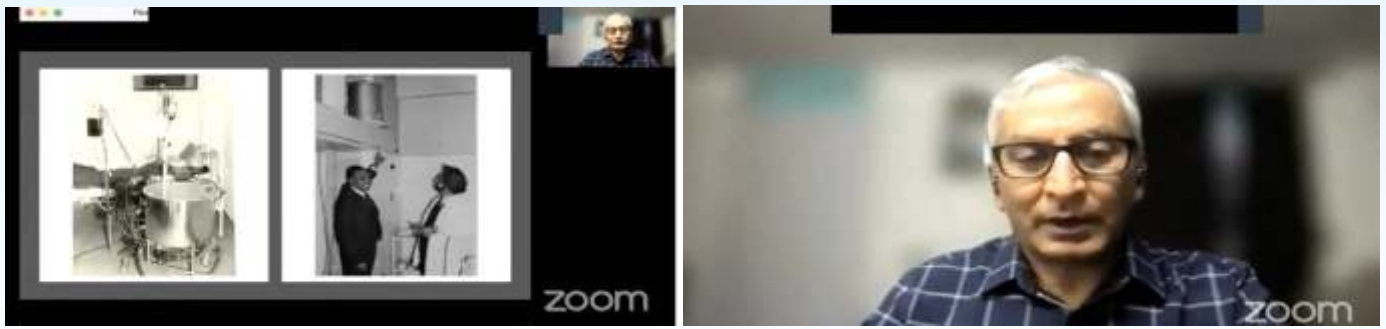
The last of the WIN WKD Celebration ended on the WKD day 22 10th March 2022 with the theme of “ Kidney Failure Care for All: Bridging the gaps in low resource settings”

**Dr Arpana Iyengar**, Professor, Dept of Pediatric Nephrology, St John’s Medical College Hospital, Bangalore moderated the session last day.

**It stated with a Keynote Lecture. Dr Vivekananda Jha**, Past President ISN & Executive Director, George Institute for Global Health, India, delivered a thought-provoking address on the challenges of delivering kidney care in India including the rising prevalence of kidney disease from diabetes, hypertension and CKDU, lack of awareness even among those with CKD, insufficient nephrology workforce and the high rates of dialysis drop-out. He stressed the need to reconceptualize kidney care by utilizing the potential of community health workers, using technology in self-care and telemedicine and the need for implementation research to assess which tools result in the most change. Lastly, Dr Jha emphasized the importance of generating more evidence and research capacity building in order to improve health outcomes.

TIME	TOPIC	PANELIST/ MODERATOR
07:00-07:30 PM	Keynote Lecture Challenges of kidney care in India	<b>Speaker</b> Dr Vivekananda Jha <b>Moderator</b> Dr Arpana Iyengar
07:30-08:45 PM	Case-based panel discussion to highlight challenges and practical action-steps from a LMIC perspective	<b>Panelists</b> Dr Vivekanand Jha Dr Sarala Naicker Dr Valerie Luyckx Dr Lloyd Vincent Dr Urmila Anandh <b>Moderator:</b> Dr Priya Pais
08:45 -09:00 PM	Question and Answers from Audience	





The second session was the panel discussion on “Case-based discussion to highlight challenges of kidney care in low resource settings (India and Africa) and discuss practical solutions” which was moderated by Dr Priya Pais, Assoc Professor, Dept of Pediatric Nephrology, St John’s Medical College, Bangalore, India. The panelists were Dr Vivekananda Jha, Dr Sarala Naicker, (Prof Emeritus of Medicine & Chair of Graduate Studies and Research, School of Clinical Medicine University of Witwatersrand) Dr Valerie Luyckx, (Associate Scientist, Renal Division, Harvard Medical School and Hon Prof Dept of Pediatrics & Child Health, University of Cape Town), Dr Lloyd Vincent, (Co-founder, Director & Chief Medical Officer, Africa Healthcare Network), Dr Urmila Anandh, (President WIN-India, Senior Consultant & HOD Nephrology, Yashoda Hospital, Secunderabad)

The panel discussion focused on improving access to kidney failure care for all in LMICs. Amidst an animated discussion (verbal and in the chatbox) the following key points emerged:

- **Awareness & Availability:** Primary and secondary prevention (early diagnosis and treatment of DM, HTN and proteinuria) are the cornerstones of kidney care. Dialysis may be available in public/ private sector but still be inaccessible. Availability also does not equate to quality care.
- **Affordability & Acceptability:** Dialysis is unnecessarily expensive and burdensome to patients and families, even with universal healthcare coverage. Therefore, shared-decision making is key and kidney supportive therapy must be offered to all.
- **Equity:** Even if every patient may not be an ideal candidate for dialysis or transplant, all must be offered an equitable opportunity via ethical, transparent policies. Women caregivers are burdened disproportionately, whereas women patients do not have an equal opportunity to receive dialysis or transplant compared to ‘male breadwinners’
- **Advocacy for kidney disease as a NCD** worthy of funding by global agencies is key to building a resilient healthcare system providing kidney failure care for all.

[Access Video on below Link](#)



<http://www.youtube.com/watch?v=MUNxDVW4g1Q>



# WIN India

# World Kidney Day Celebration

## Knowledge Sharing Partner



The Makers of

**ERYPEG**<sup>®</sup> **30**  
**50**  
**75**  
**100**  
Pegylated rHu Erythropoietin Injection 30/50/75/100 mcg

**Takfa**  
Tacrolimus 0.25mg, 0.5mg, 1mg, 2mg Capsules

**Epofit**  
Erythropoietin Alfa Injection

**Mycofit**  
Mycophenolate Mofetil/Sodium

**DENINTA**<sup>SC</sup>  
Denosumab 60 mg Inj.

**Intafer**  
Iron (III) Isomaltoside 1000 solution for injection/infusion  
With ISO advantage